GETTING THE LIFE AND CAREER YOU WANT ©



LIFE CHANGING

PROGRAMME FOR GRADUATES

Getting The Life and Career You Want © is a highly effective, innovative and life changing programme which combines personal and professional development with recruitment expertise, performance coaching and mentoring. It is a specialist course aimed at helping graduates break into the employment market.

At least 50% of people successfully start or restart their careers following the programme and the tools and techniques learned will last them throughout their career.

The programme is personalised to each individual and helps lay the foundations and then teaches the tools and techniques to be successful in life and in business.

SESSIONS INCLUDE:

- Wellbeing, reducing stress and anxiety
- Motives and drivers, what's really important to you?
- Career paths, how to get started and the choices you have
- Understanding how recruitment works and different entry routes

PREVIOUS CANDIDATE TESTIMONIAL

"It was really interesting to gain an insight on how job searching works and what employers are looking for. I came here with an idea of what I wanted to learn and got everything I wanted out of the course. It's been fantastic! Over the course of 2 weeks, I've gone from feeling unsure and the thought of having to get up and do it every day was a bit worrying, but I soon started to enjoy it. The way the course runs is fantastic."

SEAN

The Life You Want ©

- How to research and understand company culture and fit
- Understanding competency-based applications and interviews, assessment centres and psychometric tests
- Market mapping, networking, developing your USP (unique selling point)

Everyone has a paradigm shift in confidence, motivation, aspiration and self-esteem.

This is a unique experience where you will learn and experience what is often only used in corporates, sports, and high performance.

The programme includes ongoing coaching and mentoring and executive recruitment consultant support, representing you to target employers. Also includes CV support, improving your network, social media presence and increasing your visibility to recruiters, market mapping potential employers and preparing for interviews.

More details on otherside >>>

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PREVIOUS CANDIDATE

TESTIMONIAL

"The whole course has been amazing; it was good for the trainer / recruiter to give feedback on my CV. There's nothing I could fault regarding the course. I really loved my 1-1 with Eddie he was so inspirational and gave me so much hope for the future and anything is possible. Overall a really positive experience and would recommend the course to anyone struggling to find work and struggling with a lack of direction!"

SERA

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TIMINGS

The 8 day course will commence Monday 12th December and end Wednesday 21st December.

Week 1: (online)

Monday 12th to Friday 16th December. 10am - 1pm (5 sessions)

Week 2: (at venue)

Monday 19th to Wednesday 21st December. 10am - 1pm. (3 sessions)

VENUE

Light Project Pro International, The Exchange, Watkinson Road, London, N7 8DE

HOW THE COURSE WILL

HELP YOU

The course will help candidates improve their confidence, motivation, aspiration, focus and recruitment know-how. Candidates will gain a clearer idea of what they want to achieve and how they are going to do it. All will have a better CV, improved interview techniques and a full range of ideas of how to improve their network and reach to market.

Criteria

The course is primarily aimed at recent graduates but can also help those who have graduated some time ago.

HOW TO APPLY

If you are interested in the course, please speak with your Work Coach.

REFERRALS FOR WORK COACHES

To refer a candidate please call our referral line on 0330 122 7015.

Alternatively, you can email caroline.mcdonough@recroconsulting.co.uk or call her on 07802 347958.